

Ruta 2: Senda del Valle y de la Fuente Ruíz.

Topographic Profile



Characteristics of the path according to MIDE

height /altitude difference	156 m		2 h 10'	estimated duration
altitude difference	156 m		2 / 5	track difficulty
horizontal distance	9,1 Km		2 / 5	required effort

Description

Very simple and ideal path to enjoy a walk on the countryside through various typical ecosystems of our community. It is especially recommended for groups of hikers and families with children.



Our walk starts at the Plaza Mayor. We leave it by the street (calle del Viento) eastwards to turn right on the first street (Paseo de Santa Teresa) then crossing the (M-855) road. Here we take street (calle del General Mola) to leave the urban area leaving the bullring to our right.

Our path always goes southwards without taking any detour until arriving at the chapel of San Antonio. It is highly advisable to make stop at this point on the route due to the singularity of its architecture.

The temple is built on overlapping stone cages on the whole apart from doors and openings in which wood and metal are combined. There is nothing similar in the whole community of Madrid. Its sole visit is worthwhile.

After the chapel, we continue straight up the road. When we reach the highest point, on our right, is the VOR (Very High Frequency Omnidirectional Range) for the assistance of air navigation. To our left there is the Guijo hill of 771m.

Before arriving at the VOR we leave the road by the track ahead. The track descends in the direction of the place known as La Barquilla. It is a comfortable descent without any technical complications and a magnificent landscape that extends southwards with the valley of the river Alberche on the background.

Do not take any detour, always in a south-easterly direction until you reach a track that borders a private estate. It is 3,5 km from our beginning. Here we turn right to continue another 1.4 km until the junction with the road where we turn right again. The landscape is a very open meadow where holm oaks and brooms are interspersed. These areas were former crops that today had been regenerated as Mediterranean scrubland.

Our way back will be through a forest track, although there, it coincides with a stretch of 130 meters with the road, at the height of a private estate it will be easy to identify by the pines.

Una vez en la pista, caminaremos por encima de la conducción de agua del Canal de Isabel II hasta llegar de nuevo a la Ermita de San Antonio y de ahí a Navas del Rey.

Once on the track we will walk over the water conduit. (Canal de Isabel II) until we get back to the chapel of San Antonio and from there to Navas del Rey.

In this case the path is not so obvious. Once we have reached the fountain, we have to turn to the left as soon as we pass it and continue along the stone wall in a northeasterly direction. This section is barely 500 metres long. It is a nice path. When we reach the high we see again Navas del Rey with the peak of the Almenara in the background.



MAPA DE RUTA

Fuente: Instituto geográfico nacional. Hoja 557 -4

